

"..but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet spirit, which in God's sight is very precious." -1 Peter 3:4

Luau Family Night is a fun, outdoor, laid-back experience spent enjoying some of the best things about summer and the Hawaiian islands. You will share good food, some fun activities and great conversation about true beauty. Through the activities and spiritual conversation, you have the opportunity to lay a foundation for your family to seek true inner beauty that pleases the Lord and provides for a great future.

gym setup

cost: \$10

time: 45-60 minutes

Decor

Purchase

- Leis
- Fake Palm Trees
- Lanterns
- Grass Skirts
- String Lights
- Platters
- Bowls
- Plates
- Cups

At Home

- Candles
- Tropical Fruit
- Raffia
- Potted Plants
- Bright Decor

Dress

Your family can dress in sundresses, Hawaiian shirts, linen clothing, or swimsuits with coverups for this night.

Music

Use Pandora or iTunes to find Hawaiian music.

**pandora.com

More Muscle: The tradition at most Hawaiian Luaus is to greet your guests with a shell or flower lei and a big ALOHA and tell them to leave their shoes at the door. Use these ideas to kick the night off. Maybe purchase a shell for each family member, date/decorate to use as a keepsake from the Luau night.

diet

cost: \$20

time: 45-60 minutes

Main Dish:

Beef, Chicken, & Vegetable Kabobs

You can assemble and marinate these ahead of time. Pineapple juice, soy sauce, and teriyaki sauce makes a great marinade for this tropical main course.

Side Dish:

Rice

Dessert:

Fruit & Marshmallow Kabobs

Have an assembly station as one of your activities.

Drinks:

Pineapple Smooth

You can use a Bacardi Pina Colada mix without the adult add-ins.

building muscle

cost: \$5

time: 20 minutes

Felt Flower Barrettes

For the girls in your family, make cute hair accessories using felt and a bobby pin. Cut out flower petals and glue them together. We recommend hot glue for a better hold.

Surfboard Paintings

Purchase wooden, tropical craft kit at your local dollar store and turn your kids loose with the paint. They will be so proud to display this art work in their room. If you cannot find a kit, you could use old pieces of lumber or a rustic piece of wood that appears to have washed up on shore.

cardio

cost: \$5

time: 15 minutes

Hula Contest

Play your Hawaiian music and get ready to smile as your family takes turns telling stories through dance. A grass skirt comes in very handy at this point. You can even make a Hawaiian chief headdress or a coconut bra for the winner to wear.

Limbo Contest

All you need is a broomstick to have some limbo fun. Take turns holding the stick on either end. This teaches patience, serving others, and taking turns.

strength training

cost: \$0

time: 10 minutes

Prep: Find pictures of Hawaii to display (print out or show on a computer screen).

Most of us know Hawaii best from the incredible beauty of the islands in the Pacific. Whether in person or through pictures, our eyes are fascinated with beautiful images that come from this incredible place. In tonight's family devotional as a part of the Luau Family Night, create a discussion with your family around real beauty.

Begin by showing pictures of Hawaii and relate personal stories you might have from the islands. Point out how beautiful of a place this is. Let that move into a time where each family member shares what they feel are the most beautiful things they can think of. (Possibly have each person write down their top 3 or 5, then display them in the room).

Scripture Focus: 1 Peter 3:3-4

God made us to appreciate beauty. We love to look at things we feel are beautiful; even more, we love to create things that are beautiful. We can know beauty because we see the beautiful creation our Heavenly

Father has made. And, His beautiful creation reveal His Glory. Yet, the beauty that God seeks after more than external beauty is the inner beauty of our lives. Inner beauty in our lives are hearts without sin, envy, pride. Lives that are characterized by the Fruit of the Spirit (Galatians 5). Minds that are full of grace, trust, love. External beauty is to be appreciated, God created this. But our values should match His, to look on the inside more than the outside (1 Samuel 16:7). When we possess inner beauty and then that inner beauty is displaying externally, God is given even greater Glory (which is the purpose of our lives)!

Talk as a family where you see true beauty (on the inside). What is one way each family member can become more beautiful on the inside this week?

More Devotional Ideas: Tell the story of Esther in the Old Testament "The world's first beauty contest"; David being selected in 1 Samuel; If you have time at the end of the night go to a place in creation and talk about the beauty of God's creation, thank Him for it.